

**SPIRIT: Switching to  
Rilpivirine/Emtricitabine/Tenofovir DF  
Single-Tablet Regimen from Boosted  
Protease Inhibitor Demonstrated High  
Adherence and High Rates of Virologic  
Suppression**

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Prevention Adherence  
Abstract #151**

# Background

- Regimen simplification
  - improves quality of life<sup>1-3</sup>
  - increases long-term adherence<sup>1-3</sup>
  - reduces virologic failure (VF)<sup>1-3</sup>
  - reduces long-term toxicities<sup>1-3</sup>
- RPV/FTC/TDF is a well-tolerated, once daily single-tablet regimen (STR) treatment option<sup>4,5</sup>
- This is the first study to evaluate the safety and efficacy of switching from ritonavir-boosted protease inhibitor (PI+RTV) - based HAART to a simplified regimen of the STR RPV/FTC/TDF in virologically suppressed patients

1. Claxton, Clin Ther. 2001;23(8): 1296-1310

2. Stone, J Acquir Immune Defic Syndr. 2004;36(3)

3. DHHS Guidelines. February 12, 2013

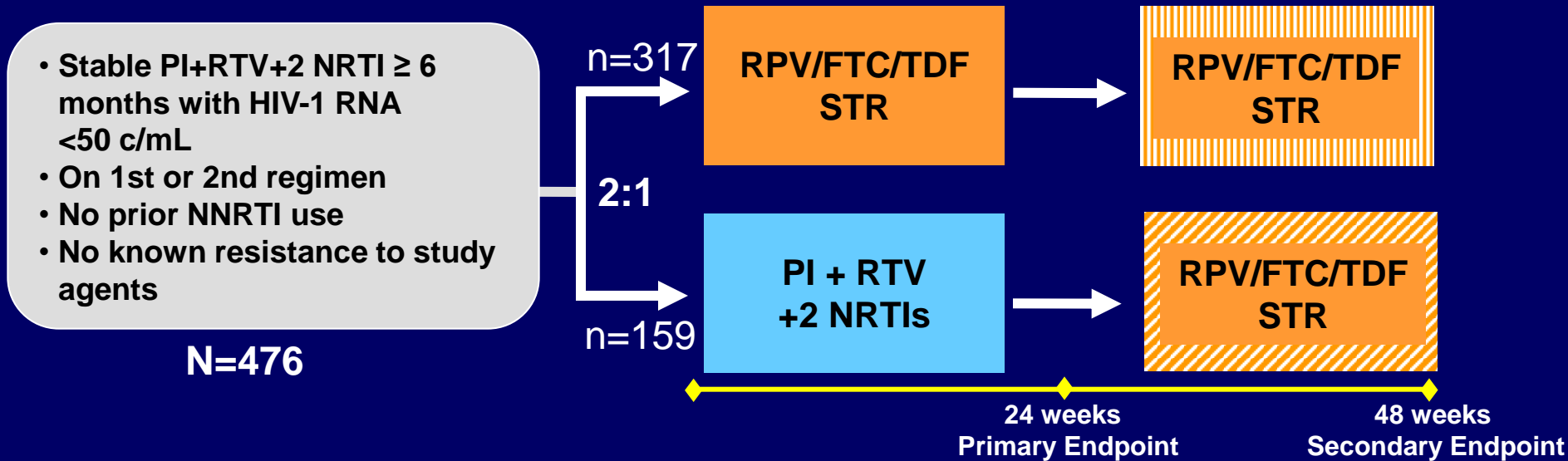
4. COMPLERA®. US Prescribing Information 01/2013. Gilead Sciences, Inc.

5. EVIPLERA®. Summary of Prescribing Characteristics 01/2013. Gilead Sciences, Inc.

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## Study Design

**Switching boosted PI to Rilpivirine In-combination with Truvada as an STR**  
**Multicenter, international, randomized, open-label, Phase 3b, 48-week study**



### Primary Endpoint:

Non-inferiority (12% margin) of RPV/FTC/TDF to PI+RTV+2 NRTIs by FDA snapshot analysis HIV-1 RNA  $<50$  copies/mL at 24 weeks

### Secondary Endpoints:

Proportion of subjects on RPV/FTC/TDF who have HIV-1 RNA  $<50$  copies/mL at Week 48  
 Change in fasting lipid parameters and CD4+ cell count at 24 and 48 weeks  
 Safety and tolerability to RPV/FTC/TDF at 24 and 48 weeks  
 Proportion of subjects who have HIV-1 RNA  $<50$  copies/mL (missing = excluded) through Week 48

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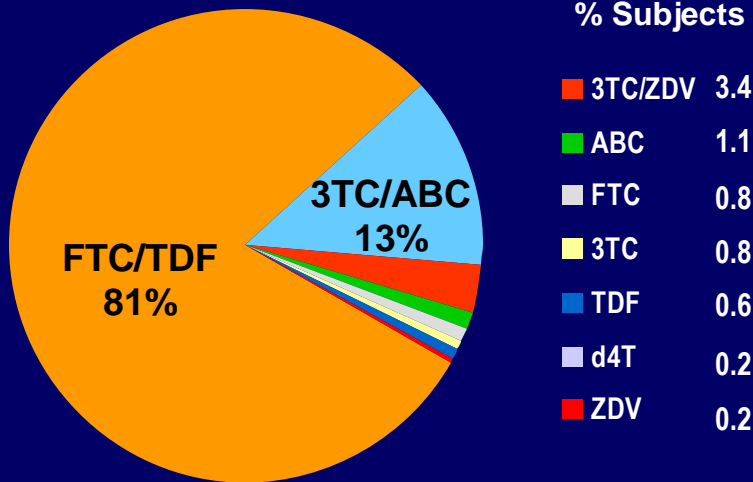
## Baseline Characteristics

	RPV/FTC/TDF n = 317	PI+RTV+ 2NRTIs n = 159
<b>Median age, years (Q1, Q3)</b>	<b>42 (35, 48)</b>	<b>43 (36, 49)</b>
<b>Male</b>	<b>86%</b>	<b>91%</b>
<b>White race</b>	<b>76%</b>	<b>78%</b>
<b>Black race</b>	<b>19%</b>	<b>14%</b>
<b>Latino ethnicity</b>	<b>16%</b>	<b>20%</b>
<b>Median time since first ART, years (Q1, Q3)</b>	<b>2.9 (1.9, 4.4)</b>	<b>2.6 (1.7, 4.8)</b>
<b>Mean CD4 cell count, cells/mm<sup>3</sup> (SD)</b>	<b>576 (237)</b>	<b>600 (259)</b>

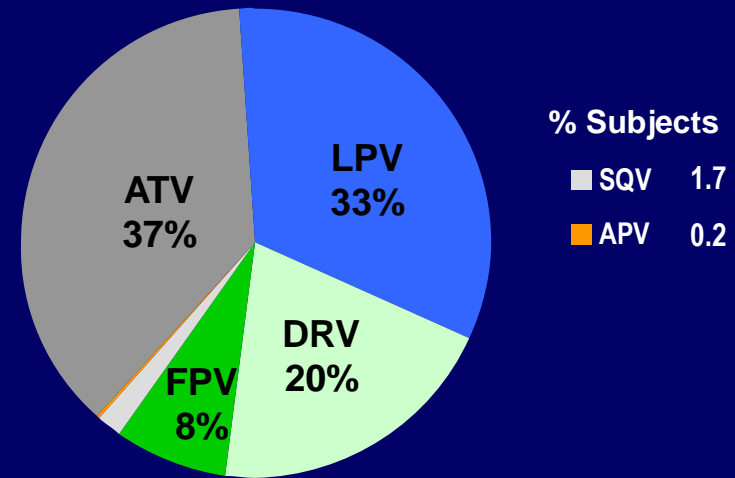
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## Antiretroviral Therapy at Screening

### NRTI



### RTV-boosted PI†



3TC: lamivudine; d4T: stavudine; ABC: abacavir; APV: amprenavir; ATV: atazanavir; DRV: darunavir; FPV: fosamprenavir; FTC: emtricitabine; LPV: lopinavir; RTV: ritonavir; SQV: saquinavir; TDF: tenofovir disoproxil fumarate; ZDV: zidovudine

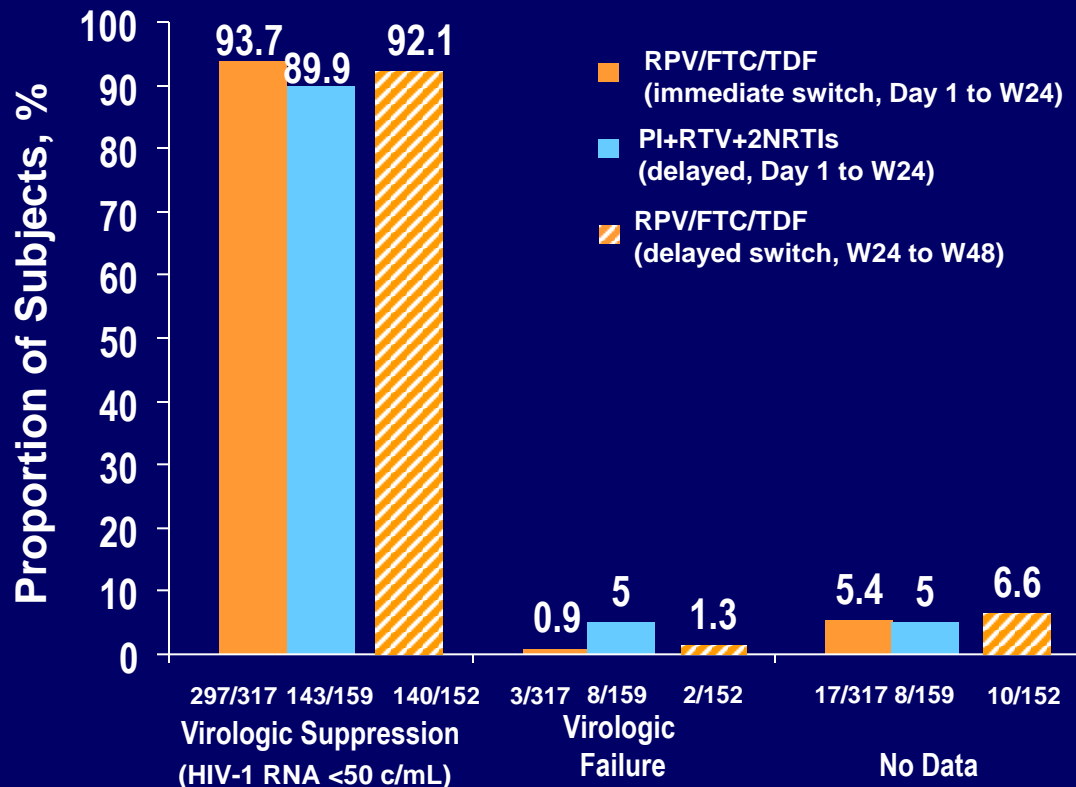
† Includes all treated participants. 2 subjects enrolled on EFV/FTC/TDF instead of a boosted PI (protocol violation)

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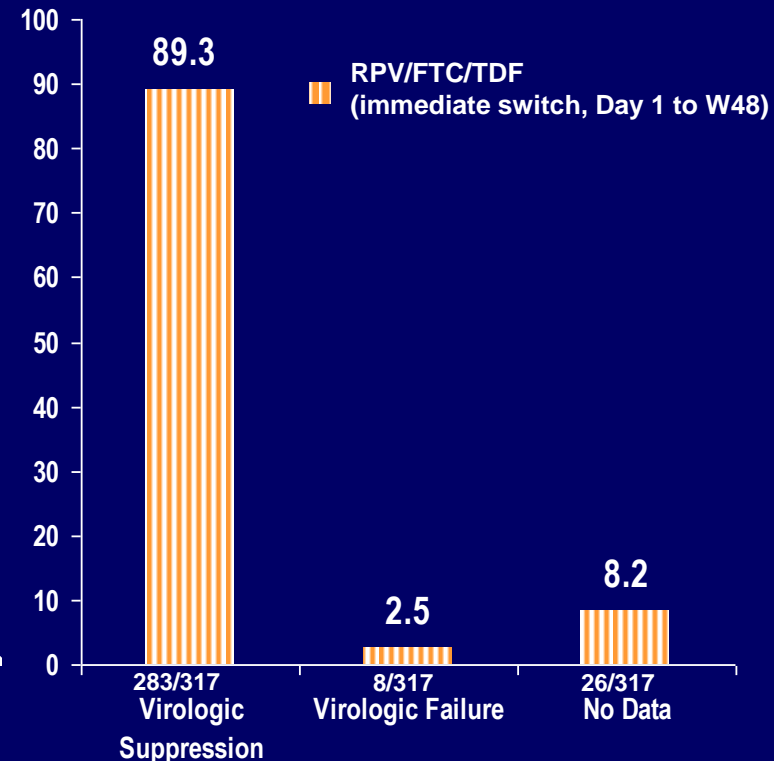
## Virologic Outcomes at Weeks 24 and 48 FDA Snapshot Analysis – ITT Population

Switching to RPV/FTC/TDF was non-inferior to remaining on PI+RTV+2NRTIs for 24 weeks (difference 3.8; 95% CI, -1.6 – 9.1). Similar rates of virologic suppression were also seen with 48 weeks of treatment with RPV/FTC/TDF

### FDA Snapshot at 24 Weeks



### FDA Snapshot at 48 Weeks



CD4+ mean change (cells/mm<sup>3</sup>): Week 24, RPV/FTC/TDF immediate switch +20, PI+RTV+2NRTIs +32 (p=0.28), RPV/FTC/TDF delayed switch -7. Week 48, RPV/FTC/TDF immediate switch +10

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## Study Drug Adherence

	<b>RPV/FTC/TDF Immediate Switch (Day 1 – Week 48) n=317</b>	<b>RPV/FTC/TDF Delayed Switch (Week 24 – Week 48) n=152</b>
<b>Mean rate of study drug adherence</b>	<b>99%</b>	<b>99%</b>
<b>Proportion with adherence <math>\geq</math>95%</b>	<b>89.9% (285/317)</b>	<b>92.8% (141/152)</b>

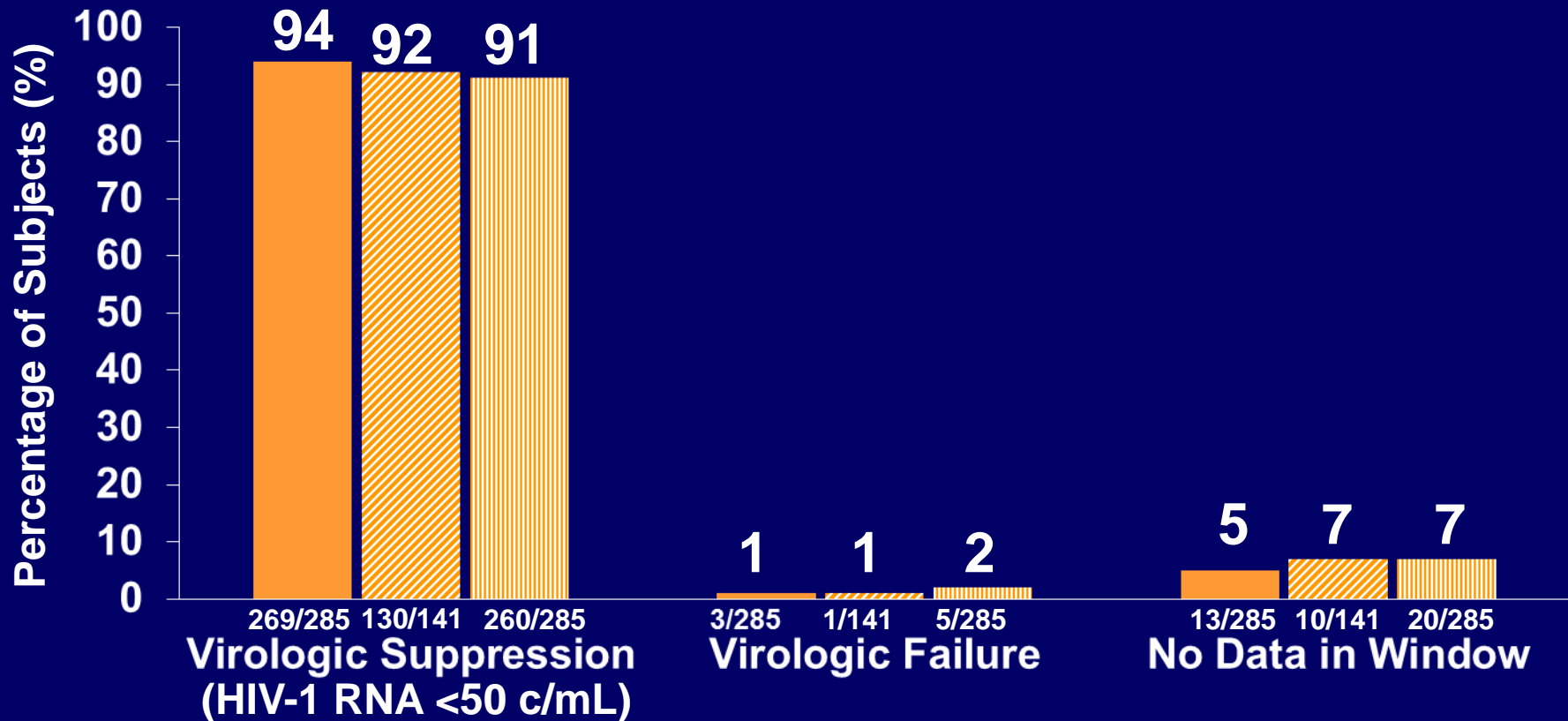
- Adherence was not measured for the PI+RTV+2NRTI arm because drug was not supplied through the study
- Adherence was measured by pill count of returned study medication bottles for the RPV/FTC/TDF arms
- Adherence to the STR RPV/FTC/TDF was high in both arms

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## Virologic Outcomes and Change in CD4+ Count for Subjects with $\geq 95\%$ Adherence\* FDA Snapshot Analysis – ITT Population

\*Post hoc analysis

- Immediate Switch (D1-W24) ▨ Delayed Switch (W24-W48)
- ▩ Immediate Switch (D1-W48)



Mean change from baseline in CD4+ count for subjects with  $\geq 95\%$  adherence (cells/mm<sup>3</sup>): At Week 24, immediate switch +19, delayed switch -13. At Week 48, immediate switch +9

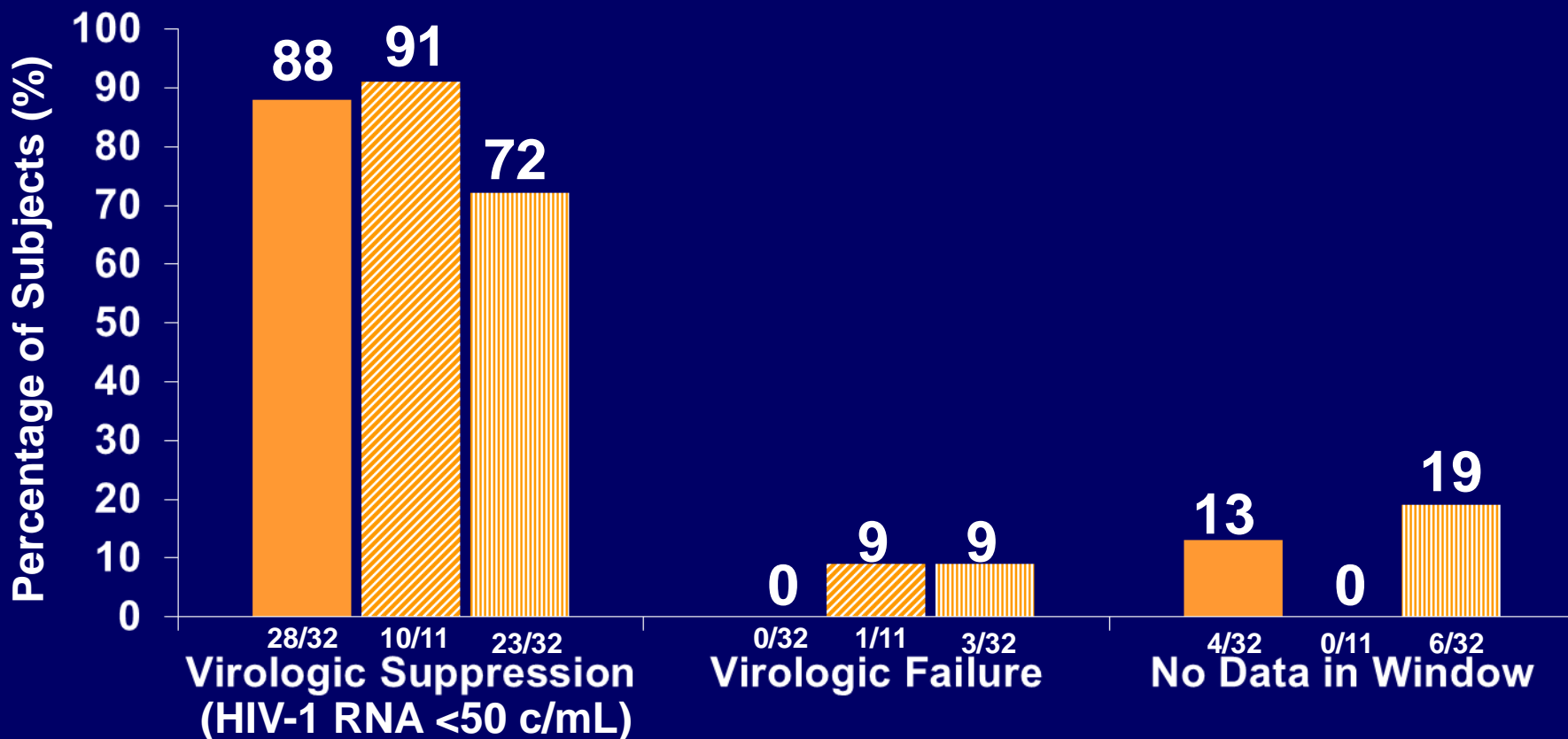


# SPIRIT

## Virologic Outcomes and Change in CD4+ Count for Subjects with <95% Adherence\* FDA Snapshot Analysis – ITT Population

\*Post hoc analysis

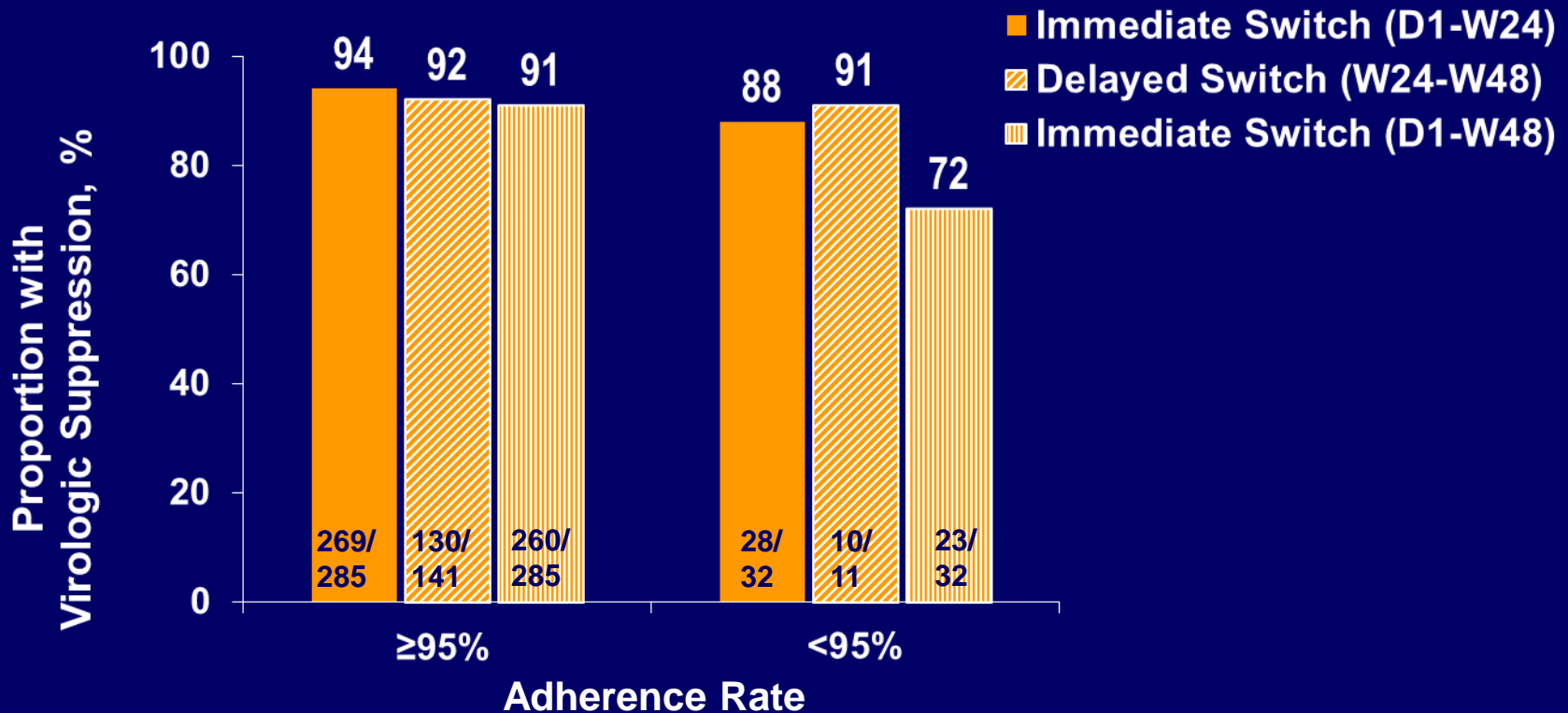
- Immediate Switch (D1-W24) ▨ Delayed Switch (W24-W48)
- ▤ Immediate Switch (D1-W48)



Mean change from baseline in CD4+ count for subjects with <95% adherence (cells/mm<sup>3</sup>): At Week 24, immediate switch +27, delayed switch +80. At Week 48, immediate switch +22

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## Virologic Suppression at Week 48 Stratified by Adherence Rate - FDA Snapshot Analysis



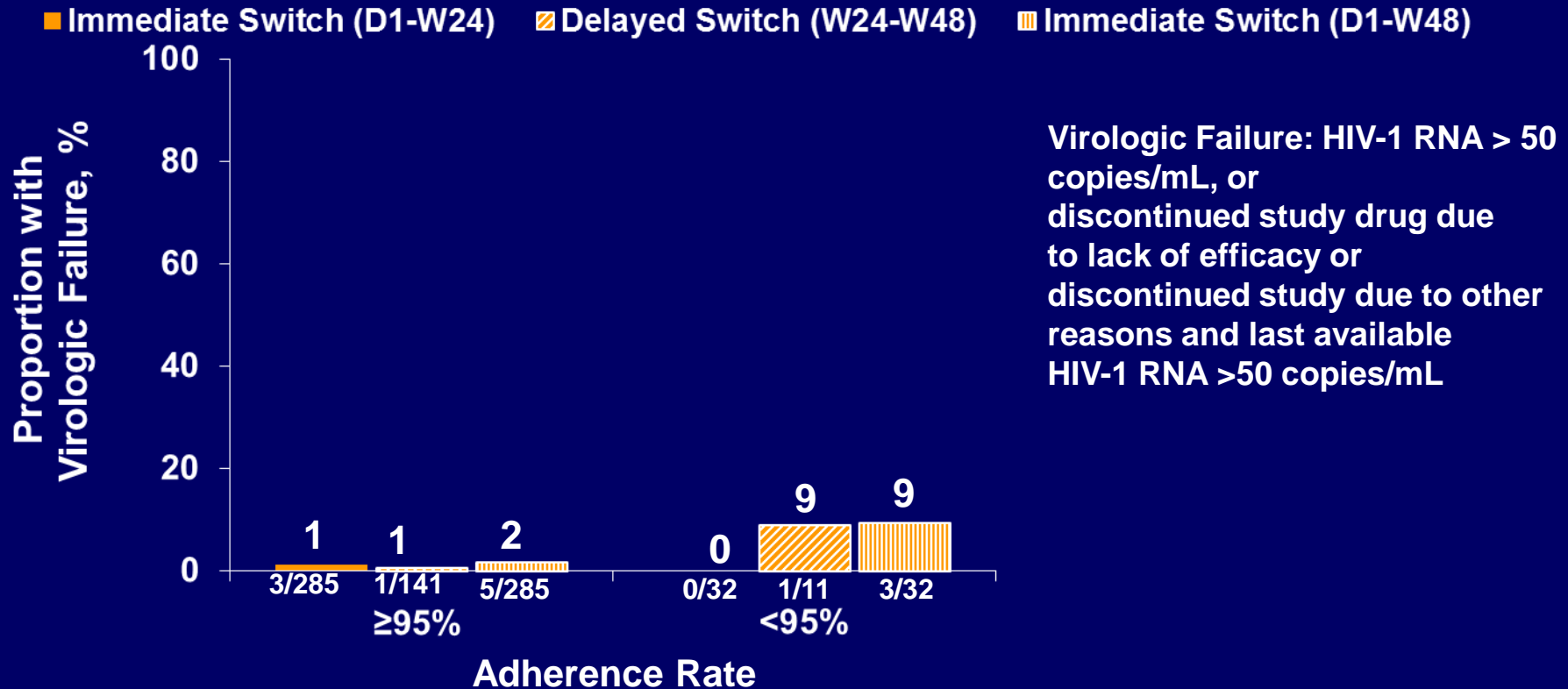
### Mean Change in CD4+ Count (cells/mm<sup>3</sup>)

≥95% Adherence: At Week 24, immediate switch +19, delayed switch -13. At Week 48, immediate switch +9

<95% Adherence: At Week 24, immediate switch +27, delayed switch +80. At Week 48, immediate switch +22

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## Virologic Failure at Week 48 Stratified by Adherence Rate – FDA Snapshot Analysis



**Better adherence is associated with lower rates of virologic failure**

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## Grade 3 or 4 Adverse Events

<b>Grade 3 Adverse Events Related to Study Drug, n (%)</b>	<b>Immediate Switch (D1-W48)</b>	<b>Delayed Switch (W24-W48)</b>
<b>≥95% Adherence</b>	<b>3 (1.1%)</b>	<b>4 (2.8%)</b>
<b>&lt;95% Adherence</b>	<b>0</b>	<b>0</b>

- Overall, the incidence of Grade 3 or 4 adverse events related to study drug was low in subjects treated with RPV/FTC/TDF
- There were no Grade 4 adverse events related to study drug in either adherence strata

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## Conclusions

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- Overall, switching to RPV/FTC/TDF was non-inferior to remaining on PI+RTV+2NRTIs for the primary endpoint of virologic suppression
- There were high rates of adherence for subjects treated with RPV/FTC/TDF
- Better adherence to RPV/FTC/TDF treatment was associated with better efficacy outcomes in terms of higher rates of virologic suppression and lower rates of virologic failure
- Adverse events were low for subjects treated with RPV/FTC/TDF, regardless of adherence rate

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